



What is the Rotary Community Forum?

Perhaps we should start with 'what is Rotary?'

Rotary is a worldwide group of some million-plus people who come together to exchange ideas and form friendships and connections, while making a difference locally and around the world.

The Rotary Community Forum will be an offshoot of the Rotary Clubs of Lowestoft. It is being created specifically to encourage Lowestoft people with an interest in the community to get together regularly in a supportive and friendly environment.

The meetings will generally take the form of conversations on topics and issues agreed with the members which could involve inviting outside speakers to address the group.

There are no expectations of weekly 'must-make' attendances nor the range of formalities normally associated with Rotary.

Elsewhere members have found that this new form of Rotary is a truly rewarding experience.

Rotary is based on a simple concept:

'Putting something back' into your community, whilst using your experience and personal talents. It's fun, and you will be networking whilst making friends and community contacts.

Membership



Becoming a member of the Community Forum will enable you to meet other likeminded individuals. In doing so you can make an impact both here and around the world.

We invite you to come along to one of our initial meetings to find out more about us and what we have to offer.

Membership of the Forum is open to anyone with an interest in the community. There is plenty to discuss.

With like-minded individuals to talk with and learn from you should leave each meeting topped up with new ideas and enthusiasm.

Where are the meetings?

**Thursday 10th May, 7.00pm Sam's Coffee House,
132 Bevan Street East, NR32 2AQ**

**Saturday 12th May 10.00am Jolly Sailors
Pakefield NR33 0JS**

Making a Difference



Solving real problems takes real effort, commitment and vision

Rotarians work to protect communities from preventable disease, keep women and children healthy, improve education and economic outcomes, create safe water and sanitation infrastructure and make our community and the world a more peaceful place.

Just a few example projects we're involved with:

- Dictionaries for Life (D4L) presents each year 3 Student in Lowestoft (960) with an encyclopaedic dictionary as a tool to help improve the standard of literacy skills.
- Rotary Youth Leadership Award. Every year we sponsor c.3 18-26 yr-olds to attend a week long immersive course in Leadership Development. Do you know anyone who may benefit?
- Crucial Crew. Training all year six students in Waveney (some 1,200 in all) in a half day programme identifying eight danger scenarios they may expect to meet in life.
- Shelterbox. Providing emergency accommodation and supplies to disaster areas round the world.
- Ending polio: Partnering with the Bill & Melinda Gates Foundation, the World Health Organisation, and UNICEF to end polio once and for all.

For more information contact:

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RYLA (Rotary Youth Leadership Award)



RYLA is a great example of the concept of "Rotary in Action".

Every year we sponsor between one and three participants to attend this week-long residential programme at Grafham Water.

RYLA enables the development of 18 - 26 year olds as future business and community leaders.

It succeeds by:

- helping the participants to find out about themselves
- creating a testing environment to explore skills and behaviours
- creating a challenge both physically and mentally
- supporting whilst dealing with fears and attitudes
- teaching how to be effective and confident leaders
- encouraging involvement in the wider world

We encourage the participants to come along and address the group a few weeks after their course. The results speak for themselves.